

Exploring the Issues Surrounding the Christian and Drinking

Did You Know That?

- Approximately 35% of adults in America don't drink...
- The average adult who drinks consumes between 2 and 3 gallons of alcohol per week...
- Statistics say that 10% of people who drink will become an alcoholic...

Christians Debate...

Betty is having a glass of wine at a social function. Is *Betty* committing a sin?



An Examination of Romans 14

- A disputable matter is one in which people have different points of view...
- Discuss the meaning and your interpretation of the following verses in Romans 14:
 - Verse 3
 - Verse 10-12
 - Verse 13-14
 - Verse 15
 - Verse 19-21
 - Verse 22-23

Romans 14

- There are certain issues that Christians will debate and disagree upon.
- Each man and woman will have to be judged for himself or herself.
- If something that you're doing causes distress for your brother or sister you should not do it around them.
- If something that you're doing causes your brother or sister to stumble or fall you should not do it around them.
- Your actions should be based on your convictions. Be serious about your beliefs.

What the Bible says about Wine...

- Proverbs 20:1
- Isaiah 5:11
- Ephesians 5:18



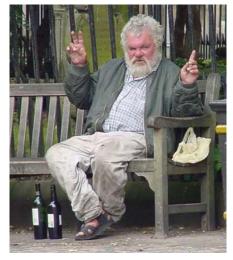
Drinking too much alcohol can bring out the worst in you...

What the Bible says about **Drunkenness**

• Proverbs 23: 20-21

• I Corinthians 6: 9-10

• Galatians 5: 19-21



10% of drinkers become drunkards

The Scriptures point to drunkenness or over-indulging in alcohol as a sin... However, by just drinking, the Christian does put himself or herself **at-risk** to becoming a drunkard.

The Christian must be careful that his or her drinking does not cross the line into drunkenness...

Drunkenness is sin...
You must know your own tolerance level. Drunkenness can also lead to other types of sin...

Name some of the bad things that happen when under the influence of alcohol...



Signs that You or Someone You Know May Be an Alcoholic

- Drinking to forget problems
- Drinking alone often
- Lying about drinking habits
- · Losing interest in food
- Feeling unhappy or irritable when not drinking
- Losing memories of certain events (blacking out)
- Occasions of having a drink first thing in the morning

Factors that can increase the risk of alcoholism...

- Children of alcoholics are 4 times more likely to become an alcoholic themselves than other people
- High Stress in one's life
- Psychological problems and issues such as low-self esteem and depression

The Effects of Alcohol

...the more you drink...the more you progress towards **danger**...

- Level 1: Euphoria (self-confident, daring)
- Level 2: Excitement (sleepy, uncoordinated body movements)
- Level 3: Confusion (dizzy, slurred speech)
- Level 4: Stupor (can barely move or stand, vomiting)
- Level 5: Coma (unconscious)
- Level 6: Death (stops breathing and dies)

Do you or someone you know have an alcohol problem?

Admitting that you have lost control of your drinking is the first step to seeking and getting the help you need...

www.alcoholics-anonymous.org